



SATURDAY, JULY 14, 2018

8AM - 7:30PM

MORAVIAN COLLEGE

BETHLEHEM, PA

WWW.LEHIGHVALLEY योगAFESTIVAL.COM

FOR IMMEDIATE RELEASE

Contact: Shana Herb Johannessen
shana.herb@pratyushsinhafoundation.org
(484) 332-0254

Pratyush Sinha Foundation Announces 2018 Yoga Under the Stars Schedule

ALLENTOWN Pa., June 15, 2018 – This summer the Pratyush Sinha Foundation's popular Yoga Under the Stars series returns to Cedar Creek Park in Allentown, taking place near the pavilions off of Honochick Drive. Parking is available at Honochick Drive or across the creek off of Parkway Boulevard. The suggested donation for each event is \$10 per person. Participants should bring a yoga mat and water; a limited number of mats will be available to borrow on a first come, first served basis.

June 29, 9 p.m.

Yoga Under the Stars for all levels, led by Prabha Sinha with live music and chanting by Pramod Sinha

July 27, 8:15 p.m.

Wild in the Parks: Full Moon Yoga and Wildlife

Presented in conjunction with Wildlands Conservancy

8:15 p.m. Live Animal Presentation featuring native, nocturnal birds and mammals

9:00 p.m. Gentle yoga for all ages/levels led by Prabha Sinha with live music and chanting by Pramod Sinha

August 26, 9 p.m.

Yoga Under the Stars for all levels, led by Prabha Sinha with live music and chanting by Pramod Sinha

The Pratyush Sinha Foundation, a 501(c)(3) non-profit organization, teaches yoga and mindfulness in local schools and other community venues, including Boys & Girls Clubs, libraries, prisons, recovery and treatment facilities, and more. For information, visit www.pratyushsinhafoundation.org.

###